



Skate Consent Form (Under 18's)

I hereby declare that my son/daughter is allowed to participate in skate lessons WITHOUT: hand protections / elbow protections / knee protections / helmet (cross out the wrong option/s).

As a parent, I assume as my full responsibility any damage caused, directly or indirectly, by the practice of skating and I agree that both the school and its teachers are not responsible in any way.

The above information is accurate and true.

Cascais, _____

The Parent
